



Thursday 11<sup>th</sup> OCTOBER 2012

**SCIENTIFIC MEETING:  
Executive Coaching in Turbulent Times:  
a psycho-dynamic perspective**

**7:00pm - 9:30pm**

**Registration and tea  
from 6:30pm**

**Hughes Parry Hall,  
University of London  
36-45 Cartwright Gardens  
London WC1H 9EF**

**Fee: £30  
(OPUS Associates £15)  
\*(Students £15)  
includes refreshments  
\*Please bring confirmation of status**

**NB. You can become an Associate  
when booking for this event  
OPUS Associate Membership**

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**Presenters:** Halina Brunning and Dr Catherine Sandler

**Chaired by:** Chris Tanner and Pam Shaw

Halina Brunning is a Chartered Clinical Psychologist, freelance Organizational Consultant and Executive Coach. She has published extensively on clinical and organizational issues co-edited several books for Karnac including "Executive Coaching: Systems-Psychodynamic Perspective" 2006. She runs training events on systems-psychodynamic coaching in Europe and the UK for the HEC, Il Nodo, Raszow, Prorozvoyovo, the iCoach Academy, currently co-directs the Executive Coaching Programme at the TCS.

Dr Catherine Sandler has specialised since 1998 in working with senior individuals and teams in the business sector. She has taught at London Business School, INSEAD and the Tavistock Clinic and is a qualified counsellor. She speaks and writes widely on leadership, coaching and supervision in the UK and abroad. Her book, Executive Coaching: A Psychodynamic Approach, was published in 2011 by Open University Press.

Halina will share some of the interim conclusions she has reached on the theme of turbulent world, executive coaching and psychodynamics which she gleaned from her work with her clients and engagement with the trainees from a variety of executive coaching courses she ran. This will be a personal account of the meaning-making and the process of integrating different sources and elements that helped to create her own model of coaching.

Catherine's presentation will explain how she applies psychodynamic concepts and insights to her executive coaching practice, using it to work with her business clients at pace, and in depth, during turbulent times. Drawing on her case-material, Catherine will illustrate how she explores the individual's behaviour in their organisation and in the coaching relationship in order to identify and address areas of unconscious anxiety and psychological defences that may be holding them back.